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Cultural Heritage, Indigenous Knowledge and Sustainable Urbanisation in South Korea: Case of Jejudo Island during 1946~1970

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Abstract

Jejudo Island's sustainable urbanisation journey offers a compelling narrative that distinguishes its cultural heritage from the broader South Korean experience. This paper investigates the intersection of Indigenous knowledge, cultural practices, and sustainable urban development in Jejudo Island during the phase 1946~1970. Unlike the rapid industrialisation of mainland South Korea, Jejudo Island's development has been shaped by geographic isolation, harsh environmental conditions, and a smaller population. These factors have preserved unique traditions, such as the Jejuuh dialect, Haenyeo (female divers), and Dottongsi (pig latrine systems), which reflect a deeply rooted harmony between human activity and the natural environment. The study employs a mixedmethod approach, including content analysis of archival data and a questionnaire survey of 330 Jeju Special Self-Governing Province officials. Findings reveal widespread awareness of Jejudo Island's cultural practices and their perceived contributions to economic, social and environmental sustainability. Senior officials strongly support preserving these traditions, underscoring the need to engage younger generations through targeted education and community initiatives. A core distinction between Jejudo Island and mainland South Korea lies in the island's reliance on communal labour-sharing systems (Sunureum), collective social networks (Gwendang), and ritualistic respect for nature (Singugan). These practices exemplify Jejudo Island's cultural resilience and self-reliant development model, which contrasts with South Korea's top-down, growth-centric urban strategies. The research advocates for integrating Indigenous knowledge into urban planning frameworks, aligning with Sustainable Development Goal 11 (Sustainable Cities and Communities). Jejudo Island stands as a model for balancing modernisation with preserving intangible heritage, offering lessons for sustainable urbanisation globally.

Keywords: Sustainable Urbanisation; Cultural Heritage; Indigenous Knowledge; Urban Policy and Planning; Sustainable Development Goals (SDGs); Jejudo Island; South Korea

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Introduction

The persistent omission of social, cultural, and environmental dimensions in urban planning efforts. hinders sustainable urbanisation Although sustainable urbanisation necessitates the integration of economic, social, cultural, and environmental considerations, urban development has predominantly prioritised economic growth (Jones & Kammen, 2014; Sassen, 2018). This disproportionate emphasis exacerbates social inequities, erodes cultural intensifies heritage, and environmental degradation (Newman & Kenworthy, 2015; Rypkema & Mikić, 2016). The marginalisation of these critical dimensions fundamentally undermines creating sustainable and resilient systems (Elmqvist et al., 2015; urban McPhearson et al., 2016a).

This paper, first, aims to examine the Indigenous and traditional practices of Jejudo Island that influenced its development and urbanisation during the period of 1946~1970 in South Korea¹. This transitional phase, marked by post-colonial recovery and the onset of modernisation, saw Jejudo Island, the study area, maintain its pristine and sustainable environment by integrating social, cultural, and environmental dimensions into urbanisation efforts (The Academy of Korean Studies, 2021a). The analysis offers insights into how Jejudo Island balanced modernisation with preserving its natural and cultural heritage, providing a foundation for its future economic and social development.

Second, this paper analyses the awareness of Indigenous and traditional practices among officials of the Jeju Special Self-Governing Province in relation to development and urbanisation. This is critical due to the limited understanding of how cultural heritage, particularly Indigenous practices, has historically shaped sustainable urbanisation and the need to

evaluate efforts to preserve this heritage for future sustainability.

Existing research highlights the significant role of Indigenous knowledge in fostering social, environmental, and cultural sustainability, thereby supporting sustainable urbanisation. Preserving cultural heritage in urban contexts strengthens community cohesion and identity, enhancing social sustainability (Jacobs, 1961; Mikić, 2016). Rypkema & Additionally, integrating traditional ecological knowledge into modern urban planning improves environmental sustainability and resilience (Berkes, 2009; Mazzocchi, 2006). Indigenous communities have effectively utilised their knowledge to promote sustainable urbanisation and development (Elmqvist et al., 2015; McPhearson et al., 2016b).

The remainder of the paper is structured as section follows—the next discusses the literature review, examining the challenges of unsustainable urbanisation and the potential of Indigenous knowledge as a sustainable solution. Then, it goes on to discuss a case study of Jejudo Island, which provides the geographical context and a brief historical overview. Following this, the materials and methods section details the primary and secondary data collection and analysis. The results and discussion section explores the role of Jejudo Island's traditions and cultural practices in sustainable urbanisation from 1946 to 1970, highlighting Indigenous lifestyles and their interactions with nature and society. It also analyses the awareness and perceptions of Jeju Special Self-Governing Province officials regarding Jejudo Island's cultural heritage, supported by statistical findings and discussions on conservation efforts. Finally, the conclusion section summarises the key findings, emphasises integrating Indigenous knowledge into sustainable development, and advocates for continued conservation efforts in Jejudo Island.

¹ Sunwoo Bae's PhD dissertation, 'Sustainable Urbanization in Jejudo Island, Republic of Korea: Analysis of Policy Initiatives from 1946 to 2020,' where she studied three phases of sustainable urbanisation, which include the 'Traditional to Pre-Modern' phase (1946 to 1970), the 'Pre-Modern to Modern' phase (1971 to 2001), and the 'Modern to Present' phase (2002 to 2020).

Literature Review

Unsustainable Urbanisation and Indigenous Knowledge

Urbanisation has emerged as a defining megatrend of the 21st Century, with 57% of the world's population residing in urban areas as of 2023. While it drives economic growth and development, urbanisation often poses numerous economic, social, cultural, and environmental challenges (Arfanuzzaman & Dahiya, 2019; Dahiya, 2012, 2014; UN-Habitat, 2020; United Nations, 2019). Unsustainable urbanisation arises from multiple factors, with one primary driver being rapid population growth in urban areas, particularly in developing countries. Urban populations are expanding faster than the necessary infrastructure, leading to overcrowded living conditions, inadequate housing, and strained public services (UN-Habitat, 2020; United Nations, 2019). Another significant cause of unsustainable urbanisation is the pursuit of industrialisation and economic growth, prioritising short-term gains over longterm sustainability. Cities often focus on attracting investment and creating jobs, neglecting long-term planning and environmental considerations, which can result in significant pollution and resource depletion (Sassen, 2018). A third factor contributing to unsustainable urbanisation is the inadequacy of urban policies, strategies, and plans. Many cities lack comprehensive frameworks that balance economic, social, and environmental needs, leading to uncoordinated development, informal and settlements, underdeveloped infrastructure, often due to limited resources and political challenges (Dahiya & Das, 2020; Bai et al., 2014; UN-Habitat, 2016).

Integrating Indigenous knowledge into urban policies and planning enhances sustainability and resilience. In California, Native American practices, such as controlled burns and sustainable agriculture, have been applied to manage urban green spaces, prevent wildfires, and preserve biodiversity (Anderson, 2005). Similarly, Australian Aboriginal ecological knowledge has been utilised to create fireresistant and ecologically balanced urban

landscapes (Kimmerer, 2013). Traditional water management systems of Pacific Northwest Indigenous communities, including weirs for fish and water flow control, have been adapted to improve water quality and resource management (Deur & Turner, 2005). Research demonstrates that incorporating Indigenous ecological practices strengthens urban resilience to environmental challenges (Elmqvist et al., 2015; McPhearson et al., 2016a). In the Amazon, Indigenous agroforestry systems have been urban adapted to settings, creating multifunctional green spaces that enhance biodiversity, improve air quality, and provide food (Clement, 1999). In South Korea, traditional housing designs (Hanok) and communal practices have been integrated into modern developments, preserving cultural heritage while promoting sustainable living (Son, 2023).

Preserving cultural heritage in urban settings plays a critical role in sustainable urbanisation. Historic urban gardens offer green spaces, support biodiversity, and deliver ecosystem services such as air purification and temperature regulation (Jim, 2004). Culturally vibrant neighbourhoods with preserved historical sites foster community cohesion and a sense of belonging, promoting sustainable urban living through collective action (Jacobs, 1961). In Quito, Ecuador, preservation initiatives in the UNESCO-listed historic centre have enhanced residents' quality of life by expanding urban green spaces (Jaramillo, 2010). Similarly, the San Antonio Missions in Texas integrate cultural heritage with ecological restoration, creating recreational areas while conserving local biodiversity (Alanen & Melnick, 2000).

Indigenous Knowledge and Sustainable Development

Traditional practices worldwide demonstrate that cultural heritage, particularly Indigenous methods, effectively supports development and urbanisation, as exemplified below.

Indigenous People and Their Lifestyle

Traditional practices across various domains highlight their contributions to environmental and cultural sustainability. Dialects encode traditional ecological knowledge (Mühlhäusler, 2003), preserve cultural heritage (Fishman, 1991), promote biodiversity through linguistic diversity (Harmon & Loh, 2010), convey environmental practices (Nettle & Romaine, 2000), and enhance community resilience (Crystal, 2000). Traditional textile techniques, such as natural dyes and hand weaving (Fletcher, 2012), plant-based dyes in Africa (Nwabueze, 2023), and Khadi fabric in India (Jha, 2021), reduce environmental impact, preserve cultural identity, and support sustainable fashion (Black, 2013; Gwilt & Rissanen, 2011). Traditional housing and settlement designs utilise local materials and climate-adapted strategies to minimise environmental impact while reinforcing social traditions (Dahiya & Thaitakoo, 2011, 2012; Edwards et al., 2006; Fathy, 1986; Knapp, 2000; Oliver, 2006; Rapoport, 1969; Teiji, 1987). Family structures, such as extended families in East Asia (Lin & Yi, 2013), joint families in India (Shah, 1998), clans in Native American societies (Champagne, 2007), and familism in Mediterranean cultures (Reher, 1998), promote cultural transmission, sustainable resource management, and reduced energy use. Additionally, traditional marital and funerary practices in Mediterranean (Reher, 1998), African (Nsamenang, 1992), Japanese (Boret, 2014), South Asian (Uberoi, 2006), and Native American (Deloria, 1994) societies preserve cultural rituals, minimise environmental impact, and encourage communal participation.

Nature

Rituals and practices across cultures demonstrate their contributions to social cohesion, environmental sustainability, and cultural resilience. First, ancestor rituals, such as ancestral worship in East Asia (Baker, 2007), shamanistic practices (Eliade, 1964), and traditional healing methods (Anderson, 1996), contribute to enhancing social cohesion, cultural resilience, environmental stewardship, and ecological balance (Nelson, 2008). Second, religious observances like the Jewish Sabbath (Heschel, 1951), Lent in Christianity (Wilson, 1984), Ramadan in Islam (Foltz, 2003), and Hindu festivals (Dwivedi, 1990) promote reduced

consumption, spiritual reflection, community solidarity, harmony with nature, and sustainable living. Third, sustainable sanitation systems, including composting toilets in India, Ecosan models in Ethiopia, dry toilets in Finland, pit latrines in Sub-Saharan Africa, and Japan's Benzo toilets, minimise environmental pollution while preserving cultural practices (Esrey et al., 2001; Niwagaba et al., 2014; Aburto-Medina et al., 2020; Nakagiri et al., 2016; Yoshida et al., 2018).

Socio-Cultural Features

Social institutions and mechanisms have significantly contributed to environmental and cultural sustainability by promoting sustainable land reinforcing social cohesion, use, maintaining environmental balance and cultural heritage, ensuring equitable distribution of resources, and facilitating collective resource management. Notable examples include the Satoyama–satoumi ecosystems in Japan (Duraiappah et al., 2012), Indigenous communal labour systems (Berkes, 2004), cooperative farming practices (Adams & Mortimore, 1997), kinship-based labour systems (Mayer, 2002), mutual aid and labour-sharing mechanisms in Southeast Asia (Scott, 1976), and customary land tenure systems in the Pacific Islands (Filer, 1997).

These examples underscore the importance of examining cultural heritage, Indigenous knowledge, and traditional practices in the context of sustainable urbanisation in Jejudo Island.

Case Study: Jejudo Island

Jejudo Island, located off the southwest coast of the Korean peninsula, is South Korea's largest volcanic island (Figure 1). Officially known as Jeju Special Self-Governing Province, it spans 1,849 sq. km (1.9% of South Korea's total area) and had a population of 672,775 as of April 2024 (Korea Statistical Information Service, 2024). The ovalshaped island measures 64 km east to west and 26 km north to south, with a topography resembling an inverted shield. At its centre is *Hallasan* Mountain, surrounded by gentle slopes of 3° to 5° on the eastern and western sides and steeper 5° slopes on the northern and southern sides. Its geology includes sedimentary layers, basalt, trachyandesite, trachyte, and pyroclastic some sandy regions (Encyclopaedia Britannica, rocks from parasitic volcanoes. The island's soil 2024). is predominantly dark brown volcanic ash, with



Figure 1a: Map of South Korea Source: Guide of the World, 2017²

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Figure 1b:Map of Jejudo Island Source: Wikimedia Commons (2024).By User: (WT-shared) Snave at wts wikivoyage - CC BY-SA 2.0. <u>https://commons.wikimedia.org/w/index.php?curid=22745828</u>

Brief Historical Background and Urbanisation Trend

Jejudo Island during the 1940s to 1960s

Under Japanese colonial rule until 1945, Jejudo Island was part of *Jeollanamdo* Province. Following Japan's defeat in World War II, the island came under US military governance in 1945 until the establishment of the Republic of Korea on 15 August 1948. The government, as per the Constitution, claims continuity from the Provisional Government established in 1919. This period saw significant turmoil, including the 4.3 Incident (1947~1954),³ which caused extensive loss of life, property destruction, and

the devastation of villages, halting development. The Korean War (1950~1953)⁴ further destroyed infrastructure and villages, compounding the island's socio-economic challenges and delaying modernisation efforts (Jeju Special Self-Governing Province Regional Administrative Union, 2019).

The 1960s marked a transformative period for Jejudo Island, coinciding with national modernisation efforts accelerated by political events such as the 19 April Revolution (1960)⁵ and the 16 May Military Coup (1961).⁶ The 1st Economic Development Plan (1962) initiated infrastructure projects, followed by regional

³ The incident refers to a period of unrest and suppression in Jejudo Island during which tens of thousands of civilians lost their lives. The South Korean government formally acknowledged its responsibility through a special law enacted in 2000 and an official apology in 2003.

⁴ The war was a large-scale military conflict on the Korean Peninsula. It resulted from a complex interplay of internal tensions following Korea's division and evolving international dynamics during the early Cold War.

⁵ The revolution was a pro-democracy movement led by students and citizens against election fraud, ultimately leading to President Syngman Rhee's resignation.

⁶ The coup was a military takeover led by Chung-hee Park. The military seized power under the pretext of political instability, marking the beginning of military rule in South Korea.

development plans in 1963 and the 5-Year Plan for Development of Hilly and Mountainous Areas (1968), which focused on water resource development, road construction, and electrification. Agricultural advancements included the cultivation of cash crops like sweet potatoes, canola flowers, barley, and tangerines, as well as silkworm farming and cattle distribution, significantly boosting household incomes. Tourism expanded with the island's inclusion in the Korean Air route in 1962, hotel construction, and the establishment of travel bureaus, a tourism association, and tour guide training. The construction of the Oseungsaeng catchment basin in 1969 further improved water resource management. In the fishing sector, initiatives such as forward bases, improved boats, seaweed farming, and marine product processing facilities drove economic growth. These developments collectively enhanced and Jejudo Island's economic, social, environmental stability (Jeju Special Self-Governing Province Regional Administrative Union, 2019).

Jejudo Island's Urbanisation Trend during the 1940s to 1960s

Between 1949 and 1970, Jejudo Island experienced steady population growth, with a sharp increase from 1960 to 1966, driven by factors such as the post-Korean War baby boom. The population rose from 255,000 in 1949 to 289,000 in 1955, 282,000 in 1960, 337,000 in 1966, and 358,000 in 1970 (Jeju Special Self-Governing Provincial Council, 2020). During this period, urban development progressed in tandem with the preservation and adaptation of the island's cultural heritage, Indigenous knowledge, and traditions. Despite urbanisation traditional practices pressures, remained integral to community life, promoting social sustainable cohesion and resource management.

Jejudo Islanders and Jeju Special Self-Governing Province

A Jejudo islander is commonly defined as "an individual born in Jejudo Island who has lived there continuously." Typically, Jejudo islanders are well-acquainted with the Jejudo Island dialect (*Jejuuh*), feeling comfortable using it in daily interactions and when meeting fellow Jejudo islanders outside the island (Yoon, 2015b).

Jeju Special Self-Governing Province was established in 2006, consolidating northern villages into *Jejusi* City and southern villages into *Seogwiposi* City. As of February 2022, the provincial office, with 2,004 officials,⁷ managed legal affairs, economic development (industrial promotion and job creation), social services (welfare and public safety), cultural preservation (heritage inscription and education), and environmental protection (natural heritage and eco-tourism) (Invest KOREA, 2020).

Materials and Methods

This study employed a mixed-methods approach, collecting primary and secondary data to evaluate the value of Jejudo Island's traditions and culture in enhancing the social, cultural, and environmental dimensions of sustainable development.

Secondary Data Collection and Analysis

The secondary data collection focused on three areas: (i) Indigenous people and their lifestyle, (ii) nature, and (iii) socio-cultural features. Data were gathered through desk-based research from various sources, including books, journal articles, book chapters, government reports, and websites. Key authors covering the 1946 to 1970 phase, referred to as the 'Traditional to Modern' phase by the author (2022), include Ha (2001), Kim (1992), Son (2023), Lin & Yi (2013), and Yoon (2004, 2010, 2015a, 2015b). Notable public reports include Jejudo Island Statistical Research for Sustainable Development (2020) and Jejudo

followed by receiving the data through email. This approach was necessary as the available online data on the number of officials was inconsistent and unreliable across different sources.

⁷ The data was collected by the Author from the Office of the Jeju Special Self-Governing Province after requesting the exact number of officials at the time of primary data collection (April 2020) via a telephone conversation,

Island in History (2019). Additional data were sourced from the websites of Jeju Special Self-Governing Province, Korea Statistical Information Service (KOSIS), and the Academy of Korean Studies.

Data were analysed using content analysis, a method derived from document analysis (Bowen, 2009). This method involves skimming, reading, and interpreting documents to extract meaning, enhance understanding, and develop empirical knowledge. Content analysis categorised the findings under three headings: Indigenous people and their lifestyle, nature, and socio-cultural features.

Primary Data Collection and Analysis

Primary data for the phase 1946~1970 were gathered through a structured questionnaire survey conducted with Jeju Special Self-Governing Province officials. The survey aimed to evaluate awareness of Jejudo Island's cultural heritage, focusing on traditional practices, sustainability, and development during this phase.

The questionnaire survey was conducted in person at the Jeju Special Self-Governing Page | 80

Province office from 12 April to 15 April 2020. 330 questionnaires were distributed and completed, with the sample size determined using the Taro Yamane formula (Yamane, 1967). The formula is used here to determine the appropriate sample size for the survey, ensuring a desired level of accuracy based on the total number of officials working at Jeju Special Self-Governing Province as of April 2020 (N) and acceptable margin of error (e), expressed as N / [1 + N(e²)]. Five trained surveyors, including the authors, facilitated the process by either distributing the questionnaires directly or reading them aloud when necessary. Respondents were pre-screened by gender, age, and rank to ensure a representative sample (Table 1). Completed questionnaires were reviewed on-site to verify accuracy and completeness. The questionnaire covered topics such as Je and Gut rituals, Singugan, Dottongsi, Garot, Gwendang, and Bunga traditions, as well as the perceived importance of preserving these cultural elements. Respondents also provided feedback on how these practices contribute to economic, social, environmental, and cultural sustainability. The complete questionnaire is included as an annexe.

Table 1: Demographic	Characteristics of Sur	vey Respondents		
Category		Frequency	Percentage (%)	
Т	otal	330	100	
Gender	Male	115	34.8	
(n=330)	Female	215	65.2	
Age	20s-30s	125	37.9	
(n=330)	40s	87	26.4	
	50s	118	35.8	
Official Rank	4th-6th	140	42.4	
(n=330)	7th-9th	158	47.9	
	Other	32	9.7	
Source: Author's Prim	arv Survey	·	·	

Cultural Heritage, Indigenous Knowledge and Sustainable Urbanisation in Jejudo Island during 1946-1970

This section comprises three subsections. The first subsection analyses how Jejudo Island's traditions, culture, lifestyle, natural environment, and societal structure have

supported sustainable urbanisation by strengthening cultural. social. and environmental dimensions. The second subsection presents survey findings on the awareness and perceptions of Jeju Special Self-Governing Province officials regarding Jejudo Island's traditions and culture. And the third subsection explores ongoing initiatives to

Significance of Jejudo Island's Traditions and Culture in Sustainable Urbanisation

Jejudo Island is renowned for its well-preserved folk landscapes, which maintain shamanism⁸ and other folk beliefs⁹ more effectively than mainland South Korea, earning it the title of a repository of Korean shamanism (Ryu, 2000). The island's contrasting geography shapes its religious practices and societal structures. In the east, permeable volcanic soil and harsh sea conditions limit farming and fishing, making Haenyeo¹⁰ (female divers) vital to the local economy. This elevates women's roles in society and religious events, sustaining shamanistic practices. In contrast, the milder western region supports farming and fishing, fostering maledominated lineal villages and Confucian principles, which diminish the influence of shamanism. Jejudo Island's preservation of Dangs (spirit halls) and the intergenerational transmission of Gut (communal nature prayers) exemplify the integration of cultural heritage into sustainable urbanisation strategies. The adaptive practices in the East highlight the importance of gender-inclusive development, while the West emphasises balanced development, respecting social structures and environmental conditions. These lessons from Jejudo Island provide valuable insights for urban planners seeking culturally rich, socially inclusive, and environmentally resilient cities.

Document analysis of secondary data confirms that Jejudo Island's unique cultural heritage and traditions, as forms of Indigenous knowledge, significantly enhance the social, cultural, and environmental dimensions of sustainable urbanisation. Cobo (1986) and Yoon (2015b) identify Jejudo islanders as Indigenous due to

their historical continuity predating the annexation of *Tamna* by the Korean Joseon Dynasty in the early 15th Century. Their distinctiveness lies in their dialect, smaller population relative to mainland South Korea, and unique cultural heritage, as discussed in this subsection.

Indigenous People and Their Lifestyle in Jejudo Island

The discussion on Jejudo Island's Indigenous people and their lifestyle highlights five key features: the *Jejuuh* dialect, *Garot* eco-clothing, *Doldamjip* traditional housing and architectural heritage, *Bunga* familial customs, and the *Ssangbujoh* tradition of mutual support and community resilience.

Jejuuh Dialect — The Jejuuh dialect, distinct from standard South Korean, developed unique sentence structures and vocabulary due to Jejudo Island's geographical isolation between 1946 and 1970 (Yoon, 2015b). Its robust phonetic quality, characterised by short sentences and pronounced words, facilitated clear communication in the island's harsh environment. Beyond its linguistic function, Jejuuh serves to transmit cultural heritage across generations, including traditional stories, ecological folklore, and knowledge. This transmission is exemplified by Haenyeo (female divers), who pass down weather prediction and ecological knowledge—such as reading ocean currents or cloud patterns—through oral traditions, the Jejuuh dialect, and practices like the sumbi sori (a breathing sound made after surfacing). These reflect an intangible cultural heritage deeply rooted in sustainable living (An, 2007). Together, Jejuuh and its embodied underscore the practices resilience and adaptability of local communities, ensuring

⁸ Unlike the mainland, shamans in Jejudo Island were mostly male, preserving the ancient tradition of male-led rituals called *gut*—ceremonies involving music, dance, and offerings to spirits. Shamanic roles were typically inherited, and rather than serving individual patrons, they were called upon by multiple villages.

⁹ Surrounded by the sea and characterised by mountainous terrain, including *Hallasan* Mountain at its centre, Jejudo Island was less influenced by foreign

religions. As a result, South Korea's ancient religious heritage was better preserved on the island, including deities such as *Sanshin* (the mountain deity) and *Yongwangshin* (the dragon-king deity), believed to govern the mountains and the sea, respectively.

¹⁰ *Haenyeo* are female divers from Jejudo Island who collect seafood by free-diving without breathing equipment. They are renowned for their endurance, maritime expertise, and distinctive matriarchal traditions.

resource preservation and cultural continuity for future generations.

Garot Eco-Clothing—A Symbol of Jejudo Island's Cultural Heritage. Garot eco-clothing embodies the ingenuity and cultural heritage of Jejudo Island, where harsh environmental conditions demanded practical and sustainable solutions (Yoon, 2010). Due to the basaltic soil, islanders the had limited agricultural opportunities, so they turned to the sea for their livelihood, engaging in deep-sea fishing, nearshore seafood collection by Haenyeo (female divers) and Haenam (male divers), and animal grazing. The need for durable clothing led

to the innovation of Garot, a fabric dyed using persimmon extract from the island's abundant yet inedible persimmons (South Korean: Gam), resulting in a tough, weather-resistant material (Figure 2). More than functional, Garot production fostered social cohesion and intergenerational knowledge sharing, reinforcing the island's cultural identity. The dveing process utilised surplus natural resources, reducing waste and reliance on synthetic materials, exemplifying sustainable practices. Garot is not merely clothing but a symbol of resilience and harmony with nature, showcasing how cultural heritage and environmental sustainability coexist and thrive.



Figure 2: Garot (Eco-Clothing) Source: Picture taken by the Authors in July 2024

Doldamjip Houses – Unique Architectural Heritage. Jejudo Island's harsh weather conditions influenced the development of *Doldamjip* houses, constructed from natural materials such as straw, wood, and basalt (Figure 3) (Yoon, 2015b). Featuring thick thatched roofs, these houses resist strong winds, heavy rain, and snow while ensuring efficient cooling and ventilation during summer. *Doldam* fences enclose mud and wood walls—piles of basalt rocks with gaps for wind passage—and S-shaped alleys (*Olle*) acting as natural windbreakers.

Periodic burning of the thatched roof provides pest control and edible worms, an additional food source for islanders. The construction and maintenance of Doldamjip houses promote community collaboration, strengthening social cohesion and enabling intergenerational knowledge transfer. These structures reflect the ingenuity and resilience of islanders, showcasing their adaptation to the environment using Indigenous materials and techniques. Environmentally sustainable, Doldamjip houses utilise locally sourced materials, reducing

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ecological impact, while their design ensures effective insulation and natural airflow, minimising reliance on artificial heating and

cooling. These houses serve as cultural symbols, preserving Jejudo Island's heritage and promoting ecological balance.



Figure 3: Doldamjip House Source: Picture taken by the Authors in July 2024

Bunga Familial Custom and the Angeori and Bakgeori Housing Arrangement. In Jejudo Island, the Bunga tradition was practised, where the first son and his wife lived with the groom's parents. This practice was unique because the island comprised a smaller population bearing high mortality from natural hazards. Instead of sharing a single house, newlyweds lived within the same fenced area in a separate house (Yoon, 2010). The parents' home, Angeori (inner house), and the newlyweds' home, Bakgeori (outer house), facilitated mutual assistance while maintaining independence. In case, when the Bakgeori was not ready, the bride temporarily stayed with her parents. This arrangement fostered independence while preserving family support structures, reinforcing social bonds and intergenerational cooperation. The tradition indeed created a resilient community where individuals balanced selfreliance with interconnectedness. The Angeori-Bakgeori system became a distinctive cultural practice, preserving family dynamics and customs, strengthening cultural identity, and

fostering pride among islanders. Additionally, this practice reflected efficient land and resource use. Proximity allowed for shared resources like fencing materials and land, reducing environmental impact. Shared agricultural and domestic activities minimised waste and promoted sustainable living, demonstrating a harmonious balance between cultural heritage and ecological sustainability.

Ssangbujoh Tradition of Mutual Support and **Resilient Community.** The independent lifestyle of Jejudo Island shaped unique celebrations and mourning practices, distinct from mainland South Korea. Ssangbujoh (double assistance), a tradition where guests at weddings or funerals give monetary gifts to all family members they know, reflects the island's close-knit community (Yoon, 2015b). Originating from the small population and strong social ties, this practice provides significant financial support to newlywed couples or bereaved families, alleviating financial burdens during key life transitions. Ssangbujoh highlights the islanders'

interdependence, fostering social bonds and solidarity by encouraging individuals to support their extended network of relatives and acquaintances. This tradition strengthens the community's emotional and social fabric, exemplifying Jejudo Island's cooperative spirit and resilience. It remains an integral part of the island's cultural heritage, emphasising collective support and mutual aid.

Nature in Jejudo Island's Cultural Heritage, Indigenous Knowledge, and Traditions

The discussion on Jejudo Island's cultural heritage, Indigenous knowledge, and traditions highlights three key aspects of its relationship with nature: *Gut* communal prayers, the *Singugan* holy period, and the *Dottongsi* pig latrine system.

Gut *Communal Prayer to Nature*. Between 1946 and 1970, Jejudo Island's natural environment was central to the livelihoods of its inhabitants, who relied on farming, animal grazing, fishing, and resource collection due to the limited agricultural options caused by basaltic soil and mountainous terrain. Islanders respected deities of the sea, fields, and mountains, believing that harmony with these spirits was essential to avoid misfortune (Yoon, 2015a). An integral tradition, Gut rituals, involved communal prayers led by a shaman at the start of each farming or fishing season (Figure 4). These ceremonies sought safety, prosperity, and well-being, followed by communal meals that fortified social cohesion and mutual support. Gut rituals preserved cultural knowledge and values, cultivating a sense of identity and belonging while promoting respectful and sustainable interaction with the connection environment. This spiritual encouraged practices that minimised overexploitation, preserving Jejudo Island's natural resources and reflecting the islanders' reverence for nature.



Figure 4: Gut (Communal Prayer to the Nature) Source: Picture taken by the Authors in July 2024

Singugan Holy Period. Jejudo islanders observed *Singugan*, an annual holy period between the fifth day after *Daehan* (around 20 January) and the third day before *Ipchun* (around 04 February), coinciding with the coldest time of the year (Yoon et al., 2013). During *Singugan*, it

was believed that all Gods ascended to heaven, leaving the world safe from interference by spirits. Islanders used this time to focus on household and community tasks, such as moving houses or repairing pig latrines (see below), taking advantage of the cold weather to reduce infection risks. This tradition fostered mutual support, strengthened social bonds, and maintained essential infrastructure and housing. It reinforced spiritual beliefs and cultural identity, preserving traditions passed down through generations. By aligning activities with the natural climate cycle, *Singugan* promoted sustainable practices, minimised disease risks, and reduced environmental harm, contributing to sustainable urbanisation while respecting local traditions.

Dottongsi *Pig Latrine System*. The *Dottongsi* pig latrine system exemplifies circular living in Jejudo Island by serving as a toilet, waste treatment site, and composting facility (Figure 5). It consists of a toilet, an activity area, and a pigsty, where human faeces and food waste are

used to feed the pigs (Yoon, 2004). Pigs tread on straw and animal waste, producing natural fertiliser for grain cultivation. This system promotes community cooperation and shared responsibility by collectively managing waste and agricultural production, thereby reinforcing social cohesion and interdependence. Dottongsi reflects the islanders' resourcefulness and ecological harmony, transforming waste into valuable resources while preserving sustainable living practices. Environmentally, it models effective resource management by reducing reliance on chemical fertilisers, enhancing soil health, and supporting sustainable agriculture. Aligned with circular economy principles, Dottongsi minimises environmental impact and sustains cultural continuity by integrating traditional methods into modern practices.



Figure 5: Dottongsi (Pig Latrine System) Source: Picture taken by the Authors in July 2024

Social Institutions in Jejudo Island's Cultural Heritage, Indigenous Knowledge, and Traditions

The *Sunureum* labour-sharing system and *Gwendang* social networking and support system exemplify Jejudo Island's cultural heritage, Indigenous knowledge, and traditions, as outlined below.

Sunureum *Labour-Sharing System*. The *Sunureum* system, essential to Jejudo Island's small population and limited resources, facilitated collaboration on large-scale tasks such as house construction and animal grazing, enhancing efficiency and conserving time and labour (Yoon et al., 2013). During summer, two or three individuals managed grazing, allowing others to focus on farming or fishing, maximising

labour use. Sunureum fostered social cohesion and mutual support, reinforcing community bonds through collective efforts that promoted interdependence and trust. This practice preserved cultural values of resourcefulness, collaboration, and shared success, strengthening Jejudo Island's identity as a close-knit society. Environmentally, Sunureum promoted sustainable practices by optimising resource use. Delegating grazing responsibilities prevented mismanagement and minimised environmental strain. Collective construction efforts ensured the judicious use of local materials, reducing waste and supporting long-term resource conservation. The system exemplifies environmental stewardship, preserving Jejudo Island's natural resources through efficient, community-driven labour.

Gwendang Social Networking and Support System. The Gwendang social networking and support system fostered mutual assistance among Jejudo Island's limited population, encompassing family, distant relatives, and neighbouring villagers (Kim, 1992). This system facilitated collective efforts during farming, weddings, and funerals while enabling joint purchase and maintenance of land or property, reducing individual burdens and enhancing efficiency. Gwendang strengthened social ties by fostering a sense of community and shared responsibility, ensuring no individual was left unsupported during critical events. It promoted cooperation and interdependence, reinforcing social cohesion and cultural values of solidarity and reciprocity. Gwendang preserved cultural identity and transmitted traditions across generations by treating extended relatives and neighbours as family. The system also encouraged sustainable practices through collective resource management. Joint ownership and upkeep of land minimised financial strain facilitated efficient land use and promoted long-term sustainability. The community invested in sustainable agriculture and property maintenance by pooling resources, optimising resource use and reducing waste. Gwendang exemplifies Island's Jejudo

commitment to preserving cultural heritage while fostering environmental stewardship.

Perception of Jejudo Island's Traditions and Culture

Awareness of Jejudo Island's Traditions and Culture

The primary survey results in Table 2 reveal a high level of awareness among officials of the Jeju Special Self-Governing Province regarding Jejudo Island's traditions and culture. Most respondents demonstrated knowledge of key cultural practices, including *Gut* (communal prayer), *Singugan* (holy period), *Dottongsi* (pig latrine system), *Garot* (eco-clothing dyed with persimmon), *Gwendang* (social support system), and *Bunga* (familial custom).

As shown in Table 3, there is considerable recognition of the positive impacts of these traditions, with the majority of officials viewing them favourably (Q2). Additionally, there is strong support for their protection and preservation, with most officials endorsing the need for government intervention (Q3), the importance of passing traditions to future generations (Q4), and acknowledging their economic (Q5), social (Q6), cultural (Q7), and environmental (Q8) benefits. These findings underscore the crucial role of government officials in preserving Jejudo Island's cultural heritage across various dimensions.

Statistical Significance in the Perception of Jejudo Island's Traditions and Culture

Table 4 highlights significant differences in perceptions of Jejudo Island's traditions and culture across age groups, with senior individuals (in their 50s) generally reporting higher mean scores than younger individuals (in their 20s and 30s). The senior age group rated significantly higher on the positive impacts of these traditions, the necessity of governmental protection, the importance of passing them to future generations, and their contributions to economic, social, and environmental sustainability. However, no significant agerelated differences were observed regarding cultural sustainability.

Table 2: Officials' Awareness of Jejudo Island's Traditions and Culture							
Features of Jejudo Island's Traditions and Culture	<i>Gut</i> Communal prayer	<i>Singugan</i> Holy Period	<i>Dottongsi</i> Pig Latrine System	<i>Garot</i> Eco- Clothing with persimmon natural dye	<i>Gwendang</i> Social Support System	<i>Bunga</i> Familial Custom	None of the six above
Number of Positive Responses	294	292	187	297	307	201	4
Percentage	89.1	88.5	56.7	90.0	93.0	60.9	1.2
Source: Autho	or's Prima	ry Survey					

Table 3: Positive	Impacts, N	lecessity of	f Preservat	tion, and C	Contributio	ns of Jejud	o Island's
Traditions and Cul	ture						
Question No.	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Total	Average (5-Point Likert Scale)
Q2	7	30	125	119	44	325	3.50
(Positive Impacts)	(2.2)	(9.2)	(38.5)	(36.6)	(13.5)	(100.0)	
Q3	6	26	91	143	60	326	3.69
(Necessity of Governmental Protection)	(1.8)	(8.0)	(27.9)	(43.9)	(18.4)	(100.0)	
Q4	8	46	97	118	57	326	3.52
(Passing Traditions to Future Generations)	(2.5)	(14.1)	(29.8)	(36.2)	(17.5)	(100.0)	
Q5	16	67	88	108	47	326	3.32
(Contribution to Economic Sustainability)	(4.9)	(20.6)	(27.0)	(33.1)	(14.4)	(100.0)	
Q6	18	57	76	129	46	326	3.39
(Contribution to Social Sustainability)	(5.5)	(17.5)	(23.3)	(39.6)	(14.1)	(100.0)	
Q7	13	44	91	126	51	325	3.49
(Contribution to Environmental Sustainability)	(4.0)	(13.5)	(28.0)	(38.8)	(15.7)	(100.0)	
Q8	10	11	51	171	83	326	3.94
(Contribution to	(3.1)	(3.4)	(15.6)	(52.5)	(25.5)	(100.0)	
Cultural							
Sustainability)							
Source: Author's F	Primary Sur	vey					

The findings suggest that seniors hold a more positive perception of Jejudo Island's traditions and culture and show more incredible support for preservation efforts than younger people.

This insight is vital for policymaking and advocacy, underscoring the need for targeted educational and communication strategies to enhance awareness and promote cultural

preservation among younger generations, both presently and in the future.

Table 4: One-Way ANOVA Results and Scheffe's Post-Hoc Analysis on the Perception of Jejudo							
	Islar	nd's Traditi	ons and Cu	Iture by Age	Group		
Dependent Variable	Age Group	N	Mean	Standard Deviation	F	р	Scheffe
Q2	20s-30s(a)	121	3.21	0.83	14.854***	0.000	a,b <c< td=""></c<>
(Positive	40s(b)	86	3.45	0.89			
Impacts)	50s(c)	118	3.83	0.92			
Q3	20s-30s(a)	122	3.51	0.88	5.544**	0.004	a <c< td=""></c<>
(Necessity of	40s(b)	86	3.66	0.94			
Governmental	50s(c)	118	3.90	0.92			
Protection)					0.0=0***		
Q4	20s-30s(a)	122	3.24	0.93	9.879***	0.000	a <c< td=""></c<>
(Passing	40s(b)	86	3.53	1.05			
Traditions to	50s(c)	118	3.81	1.01			
Generations)							
Generations)	22, 22, ()	433	2.04	4.04	7 24 2 * * *	0.004	
Q5 (Contribution to	20s-30s(a)	122	3.04	1.01	7.219***	0.001	a <c< td=""></c<>
(Contribution to	40s(b)	86	3.36	1.06			
Economic Sustainability)	50s(c)	118	3.57	1.17			
	205-305(2)	122	3 1 2	1 10	7 999***	0.000	340
(Contribution to	203-503(a) 40s(b)	86	3.32	1.10	1.555	0.000	a.c
Social	403(D)	110	3.38	1.03			
Sustainability)	505(C)	110	5.08	1.09			
Q7 (Contribution to	20s-30s(a)	122	3.23	0.98	7.059***	0.001	a <c< td=""></c<>
Environmental	40s(b)	85	3.53	1.03			
Sustainability)	50s(c)	118	3.72	1.05			
Q8 (Contribution to	20s-30s(a)	122	3.86	0.87	1.664	0.191	-
Cultural	40s(b)	86	3.88	0.91			
Sustainability)	50s(c)	118	4.06	0.93			
* <i>p</i> <.05, ** <i>p</i> <.01	, *** <i>p</i> <.001						

Source: Author's calculation on IBM SPSS Statistics 28.0.0.0 (190)

Table 5 presents the results of a one-way ANOVA and Scheffe's post-hoc analysis on perceptions of Jejudo Island's traditions and culture across different official rank groups. Significant differences were identified for most variables, notably Q2 (Positive Impacts), with an F-value of 8.629 and a *p*-value of 0.000, indicating highly significant differences between rank groups. Similar patterns were observed for Q3 (Necessity of Governmental Protection), Q4 (Passing Traditions to Future Generations), Q5 (Contribution to Economic Sustainability), Q6 (Contribution to Social Sustainability), and Q7 (Contribution to Environmental Sustainability). Scheffe's post-hoc analysis showed that officials

in the 7th-9th rank group had significantly lower perceptions compared to those in the 4th-6th rank group for these variables. For Q7, the 'Other' group scored higher than the 7th-9th rank group. No significant differences were observed for Q8 (Contribution to Cultural Sustainability), with a *p*-value of 0.147.

The standard deviation values indicate that the 4th-6th official rank group generally holds more consistent perceptions compared to the 7th-9th rank group. The 'Other' group shows standard deviation values comparable to or lower than those of the 7th-9th rank group, reflecting relatively stable perceptions within this smaller

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cohort. Understanding the variability within each rank group can inform the design of targeted interventions or educational programmes. Given the more significant variability in the 7th-9th rank group, tailored efforts may be required to address differing

perspectives. The consistency within the 4th-6th rank group suggests a higher level of agreement regarding the importance and impacts of Jejudo Island's traditions and culture, indicating more substantial collective support for related initiatives (Table 5).

Table 5: One-W	ay ANOVA	Results ar	nd Scheffe's	Post-Hoc A	Analysis on t	he Percept	ion of Jejudo
Island's Tradition	ons and Cult	ure by Of	ficial Rank	Group			
Dependent Variable	Official Rank Group	N	Mean	Standard Deviation	F	p	Scheffe
Q2	4th-6th(a)	140	3.73	0.88	8.629***	0.000	b <a< td=""></a<>
(Positive	7th-9th(b)	153	3.29	0.90	-		
Impacts)	Other(c)	32	3.50	0.92	-		
Q3	4th-6th(a)	140	3.90	0.85	6.746***	0.001	b <a< td=""></a<>
(Necessity of	7th-9th(b)	154	3.51	0.96	1		
Governmental Protection)	Other(c)	32	3.63	0.87			
Q4	4th-6th(a)	140	3.76	0.98	8.111***	0.000	b <a< td=""></a<>
(Passing	7th-9th(b)	154	3.29	1.03	1		
Traditions to Future Generations)	Other(c)	32	3.59	0.87			
Q5	4th-6th(a)	140	3.54	1.08	6.241**	0.002	-
(Contribution to	7th-9th(b)	154	3.10	1.10	1		
Economic Sustainability)	Other(c)	32	3.38	1.07			
Q6	4th-6th(a)	140	3.61	1.02	5.752**	0.004	-
(Contribution to	7th-9th(b)	154	3.18	1.15			
Social Sustainability)	Other(c)	32	3.47	1.02			
Q7	4th-6th(a)	140	3.66	1.02	6.701***	0.001	b <c< td=""></c<>
(Contribution to	7th-9th(b)	153	3.27	1.05			
Environmental Sustainability)	Other(c)	32	3.75	0.92			
Q8	4th-6th(a)	140	4.05	0.88	1.926	0.147	-
(Contribution to	7th-9th(b)	154	3.84	0.95]		
Cultural Sustainability)	Other(c)	32	3.91	0.78			
*p<.05, **p<.02	1, *** <i>p</i> <.001						
Source: Author	's calculatio	n on IBM	SPSS Statis	tics 28.0.0.0	D (190)		

Conservation and Preservation Efforts of Jejudo Island's Traditions and Culture

Jejudo Island's cultural heritage, encompassing Indigenous knowledge and traditions, holds significant conservation value. To safeguard this heritage, the Jeju Special Self-Governing Province, in collaboration with South Korea's central government, has introduced various initiatives. Key measures include the establishment of museums such as the Folklore

and Natural History Museum (1984), *Seongeup* Historical Village (1984), Jeju National Museum (2001), and *Haenyeo* Museum (2006), which preserve and exhibit the island's rich culture. The Center for Jeju Studies, founded in 2011, researches the island's history, dialect, folklore, and unique *Haenyeo* (female diver) culture, managing extensive archives and delivering educational programmes. Significant cultural festivals also play a vital role in preservation efforts (Center for Jeju Studies, 2024). The Tamna Culture Festival was launched in 1962 and recognised by the Ministry of Culture and Tourism as an 'excellent local folk festival' in 2002 for four consecutive years (The Academy of Korean Studies, 2021b). It preserves traditional labour sounds and folk songs. The Jeju Fire Festival, initiated in 1997, reflects the island's pastoral culture by reviving the traditional practice of burning pastures to encourage the growth of new grass. These initiatives and events ensure the preservation and promotion of Jejudo Island's cultural and historical heritage, facilitating its transmission to future generations while supporting sustainable urbanisation.

In addition, cultural heritage elements such as the Jejuuh dialect, Garot eco-clothing, Bunga familial customs, Ssangbujoh mutual support tradition, Gut communal prayer, Singugan holy period, Sunureum labour-sharing system, and Gwendang social networking and support system remain integral to family and village life in Jejudo Island. The continued observance of these practices reflects the islanders' commitment to sustaining economic, social, environmental, and cultural sustainability, shaped by Jejudo Island's harsh natural environment, small population, and limited while minimising labour force. external This dedication to influence. preserving traditions and culture underpins the islanders' distinctive and sustainable approach to urbanisation. Jejudo Island's cultural heritage nurtures internal cohesion by preserving cultural identity, providing a critical foundation for selfreliant development and sustainable urban growth. The influence of this cultural heritage and Indigenous knowledge on urbanisation offers valuable insights for urban planners and policymakers operating in similar contexts.

Lastly, Jejudo Island has successfully adapted its cultural practices to the challenges of rapid modernisation and a growing, evolving population. Local government initiatives to revive and preserve the island's cultural heritage have promoted economic and infrastructural development while safeguarding its unique traditions. The pilot project, *Nature, Culture and People in Jejudo Island*, recognised as a best

practice under Agenda 21 for Culture's 2014 Pilot City Programme (Chae, 2014), underscores importance of balancing the cultural preservation with modernisation. This balance enables traditional practices to coexist and thrive alongside contemporary urban influences in the 21st Century. The integration of Indigenous and immigrant cultures is shaping a dynamic cultural landscape, positioning Jejudo Island as a model for sustainable urbanisation. This approach prioritises the preservation of Indigenous knowledge and practices, even amidst rapid population growth. The project highlights how cultural initiatives can contribute to broader sustainable development goals, strengthening the need for ongoing documentation and support of both traditional and contemporary cultural practices to ensure their continued preservation and appreciation.

Conclusion

Jejudo Island's path to sustainable urbanisation reveals a distinctive cultural narrative that diverges from the dominant development patterns observed on the South Korean mainland. Unlike mainland South Korea, where rapid industrialisation and economic expansion often overshadowed cultural have and environmental considerations, Jejudo Island has preserved and integrated its Indigenous knowledge and cultural heritage as foundational elements of its urbanisation process. This approach represents a distinctive synthesis of economic development, characterised by a deep respect for local traditions, environmental stewardship, and social cohesion.

The island's traditions, such as the Jejuuh dialect, Garot eco-clothing, Doldamjip houses, Sunureum communal labour, and Dottongsi waste management, stand as testaments to a community deeply rooted in resilience and adaptability. These practices not only embody the islanders' resourcefulness in responding to harsh environmental conditions but also underpin a collective identity distinct from the broader South Korean cultural framework. The preservation of Jejudo Island's cultural practices—shaped by the island's isolation and smaller population—has allowed the islanders to

retain a more intimate connection to their environment and heritage, fostering sustainable living patterns that endure despite external modernisation pressures.

The findings of this study highlight the critical role of Jejudo Island's authentic heritage in sustainable urban development shaping strategies. While the mainland prioritised industrial growth, Jejudo Island's cultural fabric-woven with the threads of Indigenous knowledge and traditions-offers a model for urbanisation that places equal weight on economic, social, and environmental dimensions. This highlights the essential difference between Jejudo Island's approach and that of mainland South Korea: Jejudo Island's development model is grounded in the harmonious integration of cultural identity with environmental sustainability, rather than pursuing growth at the expense of heritage and ecology.

As global urbanisation accelerates, Jejudo Island's experience provides valuable insights into the potential of cultural heritage to drive sustainable development. Policymakers and urban planners should view Jejudo Island not merely as a provincial case study but as a compelling exemplar of how traditional knowledge can inform modern urban strategies. The success of initiatives like Nature, Culture and People in Jejudo Island underscores the importance of embedding local cultural practices into contemporary urban frameworks, stimulating resilient communities that thrive amidst globalisation and demographic change.

Preserving Jejudo Island's heritage is not simply an act of conservation; it is a strategic imperative for sustainable urbanisation. By actively engaging local communities, sustaining cultural education, and integrating traditional practices into policy frameworks, Jejudo Island can continue to serve as a living laboratory for sustainable development, where cultural continuity coexists with modernisation and where the authentic voice of Jejudo Island's heritage shapes its urban future.

Future research should investigate the longterm effects of cultural preservation initiatives on Jejudo Island's evolving urban landscape. Comparative studies with other regions that possess rich Indigenous traditions could further illuminate the role of local knowledge in shaping sustainable cities. Additionally, investigating how younger generations interpret and adapt these traditions amid rapid technological change will be vital to ensuring the longevity of Jejudo Island's cultural heritage.

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The authors declare that the manuscript was prepared following the protocols of the Declaration of Helsinki.

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The authors declare that they have no conflicts of interest.

Author Contribution Statement

Sunwoo Bae: Conceptualisation; literature review; data collection and analysis (quantitative analysis and content analysis); writing of the first draft; revision and preparation of the final draft; preparation of the list of references.

Bharat Dahiya: Contribute to conceptualisation; develop the first draft by incorporating new ideas and relevant resources and references; review the final draft; edit the final draft.

Suthirat Kittipongvises: Review of and feedback on the final draft.

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Throughout his career, Bharat has been involved in the preparation and dissemination of cuttingedge knowledge products. At the World Bank headquarters in Washington DC, USA, Bharat conducted the first-ever systematic review of the Bank's investments for improving urban liveability, published as a co-authored book, Urban Environment and Infrastructure: Toward Livable Cities (2004). At UN-HABITAT, he led, conceptualized, and coordinated the preparation of United Nations' inaugural report on The State of Asian Cities 2010/11 (2010). He was the lead author of Partnering for Sustainable Development: Guidelines for Multi–stakeholder Partnerships to Implement the 2030 Agenda in Asia and the Pacific (UNU-IAS and UN-ESCAP, 2018), and that of Metropolis' first-ever Asian Metropolitan Report (Metropolis, 2021).

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Bharat is a sought-after keynote speaker. He delivered a global keynote at the Academia Roundtable -- In the eye of the storm: How research and data can help solve the climate-related urban Housing crisis, as part of the 12th Session of World Urban Forum held at Cairo in 2024. He has spoken at numerous international conferences, symposia, forums, and seminars around the world.

In 1997, he was elected a Fellow of the Cambridge Philosophical Society – Cambridge's oldest scientific society. In the same year, the Cambridge Commonwealth Trust admitted him to the status of Fellow of the Cambridge Commonwealth Society. For his professional contributions to sustainable urban development in Mongolia, the Government of Mongolia awarded Bharat with a Certificate of Honour, and the Municipal Government of Ulaanbaatar decorated him with a Medal of Honour. In December 2021, the Global Council for the Promotion of International Trade conferred a Global Sustainability Award 2021 on Bharat.

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Annexe

The Questionnaire

Sustainable Urbanisation in Jejudo Island, Republic of Korea: Analysis of Policy Initiatives from 1946 to 2020

This questionnaire is designed to support research on ways for sustainable urbanisation of Jejudo Island. All the answers provided here will be handled with care and analysed anonymously according to Articles number 33 and 34 of the Korean Statistics Act. Your honest answers will become important material for this research, and they will also contribute to the future development of sustainable development policies and plans.

Below are the simple questions about the respondents. Please kindly tick the right box.

Gender	Female 🗆		Male 🗆	
Age group	20-30's □	40's □	50's □	60's 🗆
Official rank	1st to 3rd	4th to 6th	7th to 9th	Other*

*Other: research professor, research scholar, instructor, and director

1. Jejudo Island's tradition and custom (Phase 1, 1946-1970)

The following questions are in regard to Jejudo Island's custom and tradition, namely *Je* and *Gut* (exorcising ghosts with singing and dancing for happiness and wellness); *Singugan* (the period for carrying out dangerous or important matters while ghosts are absent from this world); *Dottongsi* (pig latrine); *Garot* (persimmon dyed resilient clothing); *Quendang* (extension of family/relative boundaries for mutual help); and *Bunga* (branch family system for an independent life).

- 1) Please tick the boxes for all the Jejudo Island's tradition and custom that you know about. (Multiple ticks are possible.)
- (1) Je and Gut(2) Singugan(3) Dottongsi(4) Garot(1) Je and Gut(2) Singugan(3) Dottongsi(4) Garot

If you ticked number (7) for question number 1), please go to question number 9) and carry on answering.

2) Do you think Jejudo Island's tradition and custom (*Je* and *gut*, *Singugan*, *Dottongsi*, *Garot*, *Quendang*, and *Bunga*) **positively affected** the lives of Jejudo islanders?

- ① Strongly disagree □ ② Disagree □ ③ Neutral □
- ④ Agree □
 ⑤ Strongly agree □
- 3) Do you think governmental **protection of the Jejudo Island's tradition and custom** (*Je* and *Gut*, *Singugan*, *Dottongsi*, *Garot*, *Quendang*, and *Bunga*) **is necessary**?
- ① Strongly disagree □ ② Disagree □ ③ Neutral □

- ④ Agree □
 ⑤ Strongly agree □
- 4) Would you like **to pass on the knowledge about Jejudo Island's tradition and custom** (*Je* and *Gut, Singugan, Dottongsi, Garot, Quendang,* and *Bunga*) **to future generations**?
- Strongly disagree □
 Disagree □
 Neutral □
- ④ Agree □ ⑤ Strongly agree □
- 5) Do you think to continue practicing Jejudo Island's tradition and custom is necessary to keep the island economically sustainable (efficient economic development)?
- (1) Strongly disagree \Box (2) Disagree \Box (3) Neutral \Box
- ④ Agree □ ⑤ Strongly agree □
- 6) Do you think to continue practicing Jejudo Island's tradition and custom is necessary to keep the island socially sustainable (social equity and opportunity)?
- ① Strongly disagree □ ② Disagree □ ③ Neutral □
- ④ Agree □⑤ Strongly agree □
- 7) Do you think to continue practicing Jejudo Island's tradition and custom is necessary to keep the island environmentally sustainable (environmental preservation and balance)?
- ① Strongly disagree □ ② Disagree □ ③ Neutral □
- ④ Agree □
 ⑤ Strongly agree □
- 8) Do you think to continue practicing Jejudo Island's tradition and custom is necessary to keep the island culturally sustainable (cultural identity and diversity)?
- ① Strongly disagree □ ② Disagree □ ③ Neutral □
- ④ Agree □⑤ Strongly agree □
- 2. Jeju Comprehensive Development Plan (Phase 2, 1971-2001)

The following questions are in regard to Jeju Comprehensive Development Plan (1994-2001) which was carried out to achieve economic development through **tourism industrialization** with strategies such as understand and preserve Jejudo Island's tradition and custom; balanced development and preservation of nature; revitalize the local economy through income increase; foster international standard tourist spots; and advancement of Jejudo islanders' welfare.

- 9) Have you heard about Jeju Comprehensive Development Plan (1994-2001)?
- ① Yes □ ② No □

If you ticked number (2) for question number 9), please go to question number 20) and carry on answering.

- 10) In your opinion, which of the below strategies were well carried out as parts of Jeju Comprehensive Development Plan (1994-2001)?
- ① Understand and
preserve Jejudo Island's
tradition and custom② Balanced development
and preservation of
nature③ Revitalize
economy
income increase□

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 \square

 ④ Foster international standard tourist spots □ 	(5)	Advancement islanders' wel	of Jejudo fare □			
 Do you think the strategy o Jeju Comprehensive Develo 	f 'ur opme	iderstand and ent Plan (1994-	preserve Jeju -2001) was we	i do I ell ca	sland's tra arried out?	dition and custom' of
(1) Strongly disagree \Box	2	Disagree		3	Neutral	
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- 14) Do you think the strategy of 'foster international standard tourist spots' of Jeju Comprehensive Development Plan (1994-2001) was well carried out?
- ③ Neutral Strongly disagree □ (2) Disagree
- (4) Agree 5 Strongly agree □
- 15) Do you think the strategy of 'advancement of Jejudo islanders' welfare' of Jeju Comprehensive Development Plan (1994-2001) was well carried out?
- Strongly disagree □ 2 Disagree ③ Neutral
- ⑤ Strongly agree □ (4) Agree
- 16) Do you think Jeju Comprehensive Development Plan (1994-2001) contributed to keeping the island economically sustainable (efficient economic development)?
- (1) Strongly disagree \Box (2) Disagree ③ Neutral
- (4) Agree \square (5) Strongly agree □
- 17) Do you think Jeju Comprehensive Development Plan (1994-2001) contributed to keeping the island socially sustainable (social equity and opportunity)?
- Strongly disagree □ (2) Disagree ③ Neutral
- (5) Strongly agree \Box (4) Agree
- 18) Do you think Jeju Comprehensive Development Plan (1994-2001) contributed to keeping the island environmentally sustainable (environmental preservation and balance)?
- Strongly disagree □ (2) Disagree ③ Neutral

- ④ Agree □⑤ Strongly agree □
- 19) Do you think Jeju Comprehensive Development Plan (1994-2001) contributed to keeping the island culturally sustainable (cultural identity and diversity)?
- ① Strongly disagree □ ② Disagree □ ③ Neutral □
- ④ Agree □ ⑤ Strongly agree □
- 3. Comprehensive Plan for Jeju Free International City (Phase 3, 2002-2020)

The following questions are in regard to Comprehensive Plan for Jeju Free International City which has been carried out since the year 2002. The plan was originally implemented to foster knowledge-based and high-tech cities and innovation cities to turn Jejudo Island into a free international city with strategies such as pollution-free advancement and development and advancement of Jejudo islanders' welfare.

Please note that the below questions are concerning the 1st Plan which had run from 2002 to 2011.

20) Have you heard about Comprehensive Plan for Jeju Free International City (2002-2011)?

① Yes □ ② No □

If you ticked number (2) for question number 20), please stop answering the questionnaire!

21) In your opinion, which of the below strategies was well carried out as a part of Comprehensive Plan for Jeju Free International City (2002-2011)?

② Advancement of Jejudo islanders' welfare □

- Pollution-free advancement and development
- 22) Do you think the strategy of **'pollution-free advancement and development'** of Comprehensive Plan for Jeju Free International City (2002-2011) was well carried out?
- ① Strongly disagree □ ② Disagree □ ③ Neutral □
- ④ Agree □ ⑤ Strongly agree □
- 23) Do you think the strategy of **'advancement of Jejudo islanders' welfare'** of Comprehensive Plan for Jeju Free International City (2002-2011) was well carried out?
- (1) Strongly disagree \Box (2) Disagree \Box (3) Neutral \Box
- ④ Agree □
 ⑤ Strongly agree □
- 24) Which of the below area do you think the strategy of **'pollution-free advancement and development'** of Comprehensive Plan for Jeju Free International City (2002-2011) contributed to the most?
- Increased support for R&D in Jejudo
 Increased employment rate in the high-Island
 □
 tech industry of Jejudo Island
 □
- ③ Increased the tourism-related GDP and ④ Increased the overall employment rate the overall GDP of Jejudo Island □ of Jejudo Island □
- 25) Do you think Comprehensive Plan for Jeju Free International City (2002-2011) contributed to the **'increased support for R&D in Jejudo Island'**?

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(1) Strongly disagree \Box	 Disagr 	ee 🗆	3 N	eutral	
④ Agree □	5 Strong	gly agree 🗆			
26) Do you think Comprehens 'increased employment i	sive Plan for Je rate in the hig	eju Free Internat ; h-tech industry	tional City (7 of Jejudo l	2002-201 sland?	1) contributed to the
(1) Strongly disagree \Box	 Disagr 	ee 🗆	3 N	eutral	
④ Agree □	5 Strong	gly agree 🛛			
27) Do you think Comprehens 'increased tourism-relate	sive Plan for Je ed GDP and th	eju Free Internat ne overall GDP c	tional City (of Jejudo Is	2002-201 and' ?	1) contributed to the
(1) Strongly disagree \Box	 Disagr 	ee 🗆	3 N	eutral	
④ Agree □	5 Strong	gly agree 🗆			
28) Do you think Comprehens 'increased overall emplo	sive Plan for Je yment rate of	eju Free Internat Jejudo Island'?	tional City (2002-201	1) contributed to the
(1) Strongly disagree \Box	 Disagr 	ee 🗆	3 N	eutral	
④ Agree □	5 Strong	gly agree 🛛			
29) Do you think Compreher	nsive Plan for	Jeju Free Interi	national Cit	y (2002-2	2011) contributed to
keeping the island econo	mically susta	inable (efficient	economic	developn	nent)?
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